

Community Partners

The Indiana Diabetes Coalition is comprised of community-based nonprofit, medical, educational and public entities, which makes it exceptionally qualified to address this important initiative. The following are organizational partners in this collaborative effort:



Eta Chi Chapter, Inc.
Chi Eta Phi, Inc.
Nursing Society



Indiana Diabetes Coalition
National Kidney Foundation
of Indiana
911 East 86th Street, Suite 100
Indianapolis, IN 46240-1840

Too Sweet FOR YOUR OWN GOOD

MANAGING DIABETES
CONFERENCE



Marion County

NOVEMBER 15, 2008

GENE B. GLICK JUNIOR ACHIEVEMENT
EDUCATION AND CONFERENCE CENTER
8AM- 4PM

"Too Sweet for Your Own Good"
National Kidney Foundation
of Indiana
911 East 86th Street, Suite 100
Indianapolis, IN 46240-1840

Diabetes Control

Take control of your diabetes. Keeping blood sugar levels as close to normal as possible is beneficial. Lowering blood sugar can greatly reduce the risk of diabetes complications:

- Eye disease and blindness
- Kidney failure
- Nerve disease & amputation
- Heart (artery) disease & stroke
- Mental decline(cognitive impairment)

Your long-term health will depend on how well you manage your diabetes. All people with diabetes need to learn self-management strategies to maintain the highest quality of life possible.

- Oral health
- Skin care
- Monitoring for management
- Activity
- Medications

This conference has been developed to provide information to help you manage your diabetes and increase your chances for a healthier life.



Agenda

- 8:00 a.m. Registration / Exhibits Open
- 8:30 a.m. Welcome and Tribute to George Britton
- 8:45 a.m. Know Your Diabetes Care Team
Karen Pope, RN, CDE
- 9:30 a.m. Eye Care
David Box, MD
- 10:15 a.m. Break / Exhibits Open
- 10:45 a.m. Oral Health
Daniel Purvis, DDS
- 11:15 a.m. Endocrinology: Diabetes Update and Avoiding Complications
Ernest Asamoah, MD
- 12:00 p.m. Lunch / Exhibits Open
- 1:00 p.m. Know Your Nutrition
Gayle Kegg, RD, CDE
- 1:45 p.m. Skin Care
Mindy Morris, MD
- 2:30 p.m. Break / Exhibits Open
- 2:45 p.m. Foot Care
Marc House, DPM
- 3:30 p.m. Monitoring for Management
Janet Shipp, RN, CDE and
Linda Bailey, RN, CDE
- 4:00 p.m. Evaluation

Directions

Gene B. Glick Junior Achievement Education and Conference Center
7435 N. Keystone Ave
Indianapolis, IN 46240

- I-70 to Rural/Keystone Ave Exit 85B
-North on Keystone for 6.5 miles (just north of Wal Mart)
- I-465 to Keystone Ave Exit 33
-South on Keystone for 2.3 miles (2 miles south of Keystone Fashion Mall)
- On IndyGo Route 26

Parking is free at the Gene B. Glick Junior Achievement Education Conference Center

Confirmation Information

You should receive a confirmation from the National Kidney Foundation of Indiana within 10 days of our receipt of your registration form. If you do not receive a confirmation, please call 1-800-382-9971.

Confirmation registration includes:

- Admission to the conference and exhibits
- Free continental breakfast and lunch
- Diabetes materials

Registration Form

Please complete all requested information. Forms with multiple names will not be accepted. Each person registering for the conference will need a form (copy forms as needed).

Registration must be received by MONDAY, NOVEMBER 3, 2008.

This free conference will include continental breakfast, lunch and conference materials.

Name: _____

Address: _____

City: _____

State: _____ ZIP Code: _____

Telephone Number: _____

E-Mail: _____

Special Accommodations or Dietary Needs:

Forms should be mailed to:
The Too Sweet for Your Own Good
Managing Diabetes Conference
National Kidney Foundation of Indiana
911 East 86th Street, Suite 100
Indianapolis, IN 46240-1840
1-800-382-9971